BUILDING CODE TRAINING

Commercial Mechanical – ASHRAE 90.1 Simplified Approach

Presenters:  Joey Starr
            Hugh Magande
            Bourke Reeve
ABOUT SOUTHFACE

Building a Regenerative Economy, Responsible Resource Use & Social Equity Through a Healthy Built Environment for All
PRESENTERS

Hugh Magande
Technical Principal

Joey Starr
Project Manager

Bourke Reeve
Project Manager
Online educational resources are available by visiting: www.southfaceonlinetraining.org

Technical assistance or training requests can be submitted to Georgia Energy Code Hotline at: energycodes@southface.org or 404-604-3598

Additional Resources
Georgia Energy Code: If you would like additional information on Georgia’s current energy code, please visit the Georgia Department of Community Affairs website at: www.dca.ga.gov/development/ConstructionCodes/programs/EnergyCodeTrainingWorkshops.asp

DOE Field Study: If you would like additional information on other DOE Field Studies and participating states, please visit the Building Energy Codes website here: https://www.energycodes.gov/compliance/energy-code-field-studies

Georgia Field Study: If you would like further information regarding the Georgia Energy Code Field Study, please visit our project webpage found at: www.seealliance.org

COMPLIANCE OPTIONS

Energy Code Compliance

Prescriptive Option

Trade Off Option

Energy Cost Budget

Simplified

Mandatory Provisions
(required for most compliance options)

ANSI/ASHRAE/IES Standard 90.1-2013
Supersedes ANSI/ASHRAE/IES Standard 90.1-2010
Includes ANSI/ASHRAE/IES Addenda listed in Appendix F

Energy Standard for Buildings
Except Low-Rise Residential Buildings
(I-P Edition)

See Appenlix F for approval dates by the ASHRAE Standards Committee, the ASHRAE Board of Directors, the IES Board of Directors, and the American National Standards Institute.

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SIMPLIFIED APPROACH OPTION FOR HVAC SYSTEMS

• The simplified approach is an optional path for buildings that meet these criteria:
  • Building is two stories or fewer in height.
  • Gross floor area is less than 25,000 sq. ft.
  • Each HVAC system in the building must comply with all 18 requirements.
1. The system must serve a single zone

An HVAC zone is a space or group spaces within a building with similar heating and cooling requirements that can be managed with a single control

- Multi-zone mechanical systems would not meet this requirement
- Separate mechanical systems serving individual zones would meet the requirement
2. Variable fan speed equipment meets control requirements

DX and chilled-water cooling units that control the capacity of the mechanical cooling directly based on space temperature shall have a minimum of two stages of fan control. The following rules apply:

- Low or minimum speed shall not exceed 66% of full speed.
- At low or minimum speed, the fan system shall draw no more than 40% of the fan power at full fan speed.
- Low or minimum speed shall be used during periods of low cooling load and ventilation-only operation.
All other units—including DX cooling units and chilled-water units that control the space temperature by modulating airflow—shall have modulating fan control. The following rules apply:

- Minimum speed shall not exceed 50% of full speed.
- At minimum speed, the fan system shall draw no more than 30% of the power at full fan speed.
- Low or minimum speed shall be used during periods of low cooling load and ventilation-only operation.

Units that include an air-side economizer to meet the requirements of Section 6.5.1 shall have a minimum of two speeds of fan control during economizer operation.

Some exceptions are made when mechanical ventilation requirements necessitate larger volumes of outside air or for low-power fans.
3. Air-cooled or evaporatively cooled equipment meet minimum efficiencies
Efficiencies are going up across the board for AHSRAE 90.1 2013

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**TABLE 6.8.1-1  Electrically Operated Unitary Air Conditioners and Condensing Units—Minimum Efficiency Requirements**

<table>
<thead>
<tr>
<th>Equipment Type</th>
<th>Size Category</th>
<th>Heating Section Type</th>
<th>Subcategory or Rating Condition</th>
<th>Minimum Efficiency</th>
<th>Test Procedure$^a$</th>
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</table>
4. The system shall have an air economizer meeting the requirements of Section 6.5.1
   - ASHRAE 90.1-2013 now requires economizers for systems > 5 tons in climate zones 2-4.
   - The HVAC system shall have an air economizer with either barometric or powered relief sized to prevent over-pressurization of the building.
   - Outdoor air dampers for economizer use shall be provided with blade and jamb seals.
ECONOMIZER EXCEPTIONS

There are 10 exceptions, including for systems in certain types of computer rooms, healthcare facilities, and supermarkets. See Section 6.5.1 for details.

Computer room economizers are never required in CZs 2-4. The use of an economizers may be traded off with more efficient equipment:

- CZ2 – equipment must be 17% more efficient
- CZ3 – equipment must be 27% more efficient
- CZ4 – equipment must be 42% more efficient
5. Heating must be provided by one of the following:
   • Unitary packaged or split-system heat pump that meets applicable efficiency requirements
   • Fuel-fired furnace that meets applicable efficiency requirements
   • Electric resistance heater
   • Baseboard system connected to a boiler that meets applicable efficiency requirements
EXHAUST HEAT RECOVERY

6. The system shall meet the exhaust air energy recovery requirements of Section 6.5.6.1.
   • Each fan system shall have an energy recovery system when the system’s supply airflow rate exceeds the value listed based on the climate zone and percentage of outdoor airflow rate at design conditions.
   • There are two tables based on hours (8,000 hours/year)
   • Energy recovery systems must have at least 50% energy recovery effectiveness.
   • Provisions must be made to bypass or control the energy recovery system to permit air economizer operation as required
EXHAUST HEAT RECOVERY EXCEPTIONS

• There are ten exceptions for exhaust air recovery systems, including laboratories, systems that exhaust toxic fumes, commercial kitchens and others.

• There are distinctions made between heat recovery and cooling energy recovery based on climate zones
THERMOSTAT CONTROLS

7. The system must be equipped with a manual changeover or dual setpoint
8. Heat pumps with auxiliary electric resistance heat must have controls that prevent supplemental heater operation when the heating load can be met by the heat pump alone. The heat pump must be controlled by either:

- A digital or electronic thermostat designed for heat-pump use that energizes auxiliary heat only when the heat pump has insufficient capacity to maintain setpoint or to warm up the space at a sufficient rate
- A multistage space thermostat and an outdoor air thermostat wired to energize auxiliary heat only on the last stage of the space thermostat and when outdoor air temperature is less than 40°F
REHEAT CONTROLS

9. The system may not cool then reheat air to control humidity.

In general, reheat is banned (with a few exceptions such as site-solar energy) as more efficient means of dehumidification are available. If reheat is desired for humidity control, the Prescriptive Path must be used to demonstrate compliance.
10. Systems with a cooling or heating capacity greater than 15,000 Btu/h and a supply fan motor power greater than 0.75hp must have a timeclock control that satisfies the following five requirements:

• Can start and stop the system under different schedules for seven different day types per week
• Is capable of retaining programming and time setting during a loss of power for a period of at least ten hours
• Includes an accessible manual override that allows temporary operation of the system for up to two hours
• Is capable of temperature setback down to 55°F during off-hours
• Is capable of temperature setup to 90°F during off-hours
11. Refrigerant piping requires insulation, and insulation must be protected from the elements. Insulation exposed to weather must be protected by aluminum, sheet metal, painted canvas, or plastic cover. Cellular foam insulation must be protected as above or painted with a coating that is water resistant and provides shielding from solar radiation.
12. Ductwork and plenums must be sealed and insulated.

Duct insulation requirements as a function of the duct application (e.g., cooling-only supply duct); climate; and duct or plenum location (e.g., ventilated attic).
DUCT BALANCING

13. Ducted systems must be air balanced to industry standards

Report must be included in construction documents
# DUCT BALANCING REPORT

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AUTOMATIC DAMPERS

14. Ventilation and exhaust systems must have a gravity or motorized dampers

Motorized dampers should automatically shut when the systems or spaces served are not in use
INTERLOCKED THERMOSTATS

15. Thermostat systems in the same zone must have the ability to be interlocked to prevent simultaneous heating and cooling
16. Systems with a design supply air capacity greater than 10,000 cfm shall have optimum start controls. These systems require a smart thermostat or control system to provide optimum start capability. Sometimes referred to as “adaptive learning,” these controls are designed to automatically adjust the start time of an HVAC system each day with the intention of bringing the space to the desired occupied temperature levels immediately before scheduled occupancy.
COOLING SEASON OPTIMUM START RECOVERY
17. DCV must be provided for each zone with a area > 500 ft$^2$ and the design occupancy > 25 people/1000 ft$^2$ where the HVAC system has:

- air-side economizer
- automatic modulating control of OSA dampers
- design outdoor airflow > 3,000 cfm
DEMAND CONTROLLED VENTILATION

Ventilation Rate by DCV Method

- Fixed Ventilation
- Occupancy Sensor
- Ticket Count
- CO₂ Sensor
- Scheduled
- People, Percentage of Full Design
18. Any conditioned space with a door that opens to the outdoors must be provided with the following controls that when the door is open:

- Disables mechanical heating or resets the heating setpoint to 55°F or lower within five minutes of the door being left open.
- Disables mechanical cooling or resets the cooling setpoint to 90°F or greater within five minutes of the door being left open.
CONCLUSION

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